

SECOND ANNUAL HITS 5K for UNITED WAY



SUNDAY, APRIL 10, 2011 at 10 a.m.

Kid's Fun Run at 9:45 a.m.

Walkers Two-Mile Course at 10 a.m.

Rain or Shine!

A great warm up for the Kiwanis Kingston Classic!

HITS 5K FOR UNITED WAY: HITS Showgrounds, 454 Washington Avenue Ext. in Saugerties, New York

COURSE: Throughout the HITS Showgrounds and Cantine Field

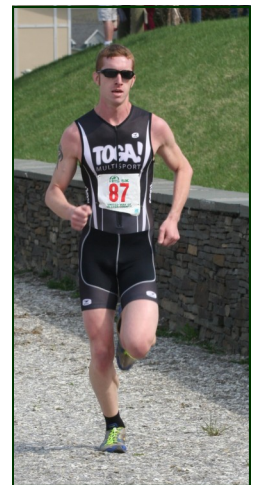
ENTRY FEE: Runners - \$ 20 prior to April 1 and \$ 25 from April 2 until race day. Students (12-18) & Walkers - \$ 15 prior to April 1 and \$ 20 from April 2 until race day. Children under 12 are FREE. Onteora Runners, Mid-Hudson RoadRunners, and Shawangunk Runners can deduct \$ 2 per applicant. Race day registration is 8:30 to 9:30 a.m. or register online at www.Active.com.

Only pre-registered runners/walkers are guaranteed Official HITS 5K Race T-shirts.

PRIZES: Awards for overall male and female winner and top finishers in 10-year age groups. Prize drawings for all registered walkers and runners; you must be present to win.

ALL PROCEEDS BENEFIT UNITED WAY OF ULSTER COUNTY: The motivation behind our work is the belief that it is the right of every individual to ask for help, and to have it granted by compassionate, knowledgeable people. We believe services should be available to anyone who needs and desires them. This mission is what drives us to ask those we know, and those we don't, to join us.

FOR MORE INFO: Contact Su Marcy at the United Way, 845-331-4199, ext. 2 or by email at marcys@hvc.rr.com.





Second Annual HITS 5K for United Way

Sunday, April 10, 2011 at 10 a.m. (rain or shine)

All proceeds will benefit the United Way of Ulster County.

Kid's Fun Mile begins at 9:45 a.m. Walkers' 2-mile course begins at 10 a.m.

Check in/Registration: 8:30 to 9:30 a.m. HITS Showgrounds, 454 Washington Ave. Ext., Saugerties, NY. (Enter at Gate A - Mike Kraut Road), Follow the signs to the Pavilion.

Course: Throughout the HITS Showgrounds and Cantine Field.

Runners: \$20 prior to April 1; \$25 from April 2 until race day; **free** for children under 12.

Students (12-18) & Walkers: \$15 prior to April 1; \$20 from April 2 until race day.

Onteora Runners, Mid-Hudson Roadrunners, and Shawangunk Runners members deduct \$2 per entry.
Register online at www.active.com or use the form below. Sorry, no refunds.

Questions? Contact Su Marcy at the United Way of Ulster County, 845-331-4199, x2, marcys@hvc.rr.com.

T-shirts for all pre-registered runners/walkers.

Awards for overall male and female runners and top finishers in 10-year age groups.

Prize drawing for all registered runners/walkers with a race number. You must be present to win.

For more information on the **United Way of Ulster County**, please visit our website: www.uwuc.org.

HITS 5K for United Way- Sunday, April 10th, 10 a.m.

Please Print:

Name	Age	Male/Female (M/F)
Mailing Address	City, State	Zip
Phone	Email Address	

Circle your race category: 5K Runner – Adult 5K Runner - Student Walker Kid's Fun Run

Circle your t-shirt size: Adult: S M L XL 2XL

Note your club/team affiliation here: _____

This is an important legal document. Read carefully before signing: I realize that the event is physically strenuous, that there may be some adverse weather, and that there may be some vehicles on the road section of the course. I nevertheless wish to compete and assume the risk of any injury at the start or on the course. I do hereby release and discharge the HITS Holding Corporation and subsidiaries, United Way of Ulster County, Town/Village of Saugerties, members of the race committee, volunteers, all sponsors, and anyone involved in the race from any liability arising from illness, injury and damages I may suffer as a result of my participation in this event. I hereby attest that I am physically fit, and sufficiently trained for competition in this event.

Signature	Signature of legal guardian (if under 18)	Date
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Mail Registration Form & Check Payable to: United Way of Ulster County, 450 Albany Avenue, Kingston, NY 12401

For Office Use: *Date received:* *Race # assigned:* *Payment Received:*