

Fourteenth Running of the:
RACE AROUND BRIGGS

A **7.2 mile** road race through the beautiful
HILLS of MILAN

A loop around the famous Briggs Mountain



Saturday, April 9, 2011, 10:00 AM

Why: Because the course is beautiful and it is the start of spring.

Where: Milan is in the hilly region in Northern Dutchess County, New York and this course reflects that terrain. First half of the race is easy and flat, but the second half finishes with a long uphill and that will test your running strength. Course is beautiful, passing through rural lands with streams, farms and scenic views. The road names say it all: Woody Row Road, Milan HILL, Willow Glen, Academy HILL.

\$12 registration fee (\$11 for members of Onteora Runners Club)

\$15 T-shirts additional. Excellent refreshments.

Awards for top two finishers in each of these classes:

(separate classes for men and women):

1: under 25

2: 25-39

3: 40-49

4: 50 – 59

5: 60 +

CLUB TROPHY to be presented for top team entry. A team will consist of 15 runners representing a club or organization. See <http://racearoundbriggs.com> for more information.

Directions: Find Rt 199 in Northern Dutchess between Red Hook and Pine Plains. Find Academy Hill Rd (Dutchess Rt 51) which is 2 miles west of Taconic Parkway on Rt 199. Go north on Academy Hill 2.2 miles and turn left on Woody Row Road. You are there.

Sponsored and organized by the Race Around Briggs, dba and friends just for the love of running. Send entry forms to *Race Around Briggs, c/o Dan Miller, 709 Milan Hill Road, Milan, NY 12571. 845-399-2253*
<http://racearoundbriggs.com> for more information. (make checks out to Race Around Briggs)

Name _____ Sex ____ Age on race day ____

Address _____ Team _____

City State Zip _____ GrandParent _____

I, the undersigned, recognizing that Road Racing is inherently dangerous, do hereby assume full responsibility for My actions and do hereby waive all liabilities and claims for myself and my heirs against the sponsors and organizers of this race, The town of Milan, and any and all property owners bordering on the race course.

Signed _____ date _____

(Signature of runner or parent or guardian for runners under the age of 18)

Amount enclosed: _____ (registration fee → \$12 T-shirt \$15 size ____)