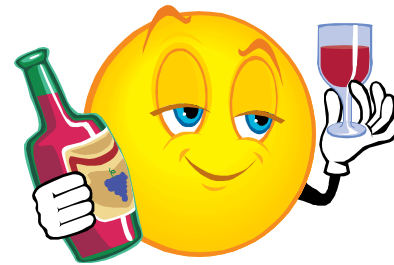


# Return from the Holidays

## 50k



**Event:** A Fat Ass Ultra Race - "No Fees, No Awards, No Aid, No Wimps and Definitely No Whining".

**When:** January 8<sup>th</sup>, 9:00 am. January 9<sup>th</sup> snow date.

**Where:** Margaret Norrie Point, Staatsburg, NY

**Directions:** From the North - 6.4 miles south of the four corners in Rhinebeck on route 9. Look for the sign Margaret Norrie State Park on right and turn right. Follow the signs in the park to get to the start.

From the south - 10 miles North of Mid-Hudson Bridge on Rt. 9. Turn and sign on the left.

**Entry Fee:** Free, Nil, Nada,

**Description:** A 5k loop that starts and stops in parking lot by the river. You can do one to ten loops or volunteer to help. If you plan to do all ten simply check in when you get there. Your car is parked at the start/finish so you can pause to refuel each lap.



**Elevation:** 310 feet of up and respective down for each 5k or 3,100 for all ten trips.

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