

CATCH A RAE

5K Run, 5K Walk,
1-mile run for students, Kids' races
SUNDAY, SEPTEMBER 18TH 2011

IN LOVING MEMORY OF ALEXANDRA RAE GRAVINO

Red Hook High School
7:30am – 9:00am Registration at Track/ Stadium
9:15 1 mile student run
9:45 5K run/ walk
11:00 Kids' races

AWARDS WILL BE GIVEN FOR ALL RACES

Pre-Registration (by September 13)

5K Run/ Walk & 1 mile run
Adults \$20 Students \$12
Kids' Races \$5

Day of Race

5K Run/ Walk & 1 mile run
Adults \$25 Students \$15
Kids' Races \$5

Check made payable to: Action for Alex. (Donations are accepted and appreciated.)

All proceeds benefit Action for Alex, including the Alex Rae Gravino Arts & Athletics Scholarships.

Please direct all questions to: catcharaerun@yahoo.com

Mail applications to: 65 Pitcher Lane/ Red Hook, NY 12571

catcharae.org

Print Name: _____

Street: _____

City/ Town/ Zip Code: _____

E-mail: _____

Age: _____ Sex: _____ Date of Birth: ____ / ____ / ____

Circle t-shirt size

Circle race

S M L XL

5K Run 5K Walk 1-mile Kids' race

T-shirts will be given to first 250 runners for 5k and 1-mile races only.

In consideration of your acceptance of my entry, I, the undersigned, intending myself to be legally bound, for myself, my heirs, executors, administrators, and assigns waive and release any and all claims for damages I may have against the sponsors, Action for Alex, Red Hook Central School District, the Town of Red Hook, the Village of Red Hook, the Recreational Park of Red Hook, race officials, their representatives, successors, and all persons or entities involved in the promoting or staging the race, arising out of all injuries suffered by me while participating in Catch-a-Rae Run.

Signature: _____ Date: ____ / ____ / ____

Parent/ Guardian's Signature: _____ (if under 18 years of age)