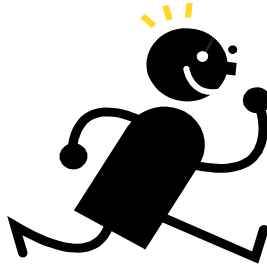


**THE CHILDREN'S HOME OF KINGSTON PRESENTS THE 2<sup>nd</sup> ANNUAL**

**CHK 4K**



**SATURDAY, JULY 20, 2013**

**RACE STARTS AT 9:30 A.M.**

**NEW ROUTE STARTING AND FINISHING AT CHK CAMPUS**

**PART OF THE ONTEORA RUNNERS CLUB 2013 GRAND PRIX SERIES**

**ENTRY FEES: \$20 UNTIL JULY 19, \$25 ON RACE DAY**

**RACE-DAY REGISTRATION BEGINS AT 8:30 A.M.; FREE KIDS FUN RUN (10 AND UNDER) AT 9:15 A.M.**

**AWARDS FOR TOP THREE FINISHERS IN SEVEN AGE-GROUP CATEGORIES, MALE AND FEMALE**

**Mail entry form below and check payable to: The Children's Home of Kingston, 26 Grove St., Kingston, N.Y. 12401**

**Questions? Call (845) 331-1448 or online at <http://childrenshomeofkingston.org/events.html>**

**All proceeds benefit programs at the Children's Home of Kingston**

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**CHK 4K –Saturday, July 20, 2013**

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**Name** **Age** **Male/Female (M/F)**

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**Street address** **City** **State** **ZIP Code**

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**Telephone number** **E-mail Address**

**T-shirt size (circle one):** **Adult S** **Adult M** **Adult L** **Adult XL**

**This is a legal document. Read carefully before signing:** I realize that the event is physically strenuous, that there may be some adverse weather, and that there may be some vehicles on the course. I nevertheless wish to compete and assume the risk of any injury at the start or on the course. I do hereby release and discharge The Children's Home of Kingston, the City of Kingston, members of the race committee, volunteers, all sponsors, and anyone involved in the race from any liability arising from illness, injury and damages I may suffer as a result of my participation in this event. I hereby attest that I am physically fit, and sufficiently trained for competition in this event.

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**Signature**

**Signature of guardian (if under 18)**

**Date**