

RUN OFF THAT TURKEY- TROT 5K

SATURDAY, 11/30/13

10:00 AM

ALTAMONT ELEMENTARY SCHOOL
GRAND STREET
ALTAMONT, NY

Fees: \$17 pre-reg; \$13 pre-reg 70+plus; \$20 race day for all – checks payable to **White Knight Ent**

Awards: Top 3 - overall M&F; 12 & under; 13-16; 17-19; 20-24, 25-29
30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80+plus

Walk Division - Top 10 Combined M & F

*****Registration also available online at**

<http://www.active.com/5k-race/altamont-ny/6th-annual-run-off-that-turkey---trot-5k-2013>

Running gloves to all that pre-register, door prizes, refreshments and more...

Benefit event for the Helderberg Running Club Junior Olympic Team

Please bring an unexpired dry good item(paper or food) for the Food Pantry



One entry per form please

Check One: Run _____ Walk _____

Name _____ Age _____ Sex _____ email address _____

Address _____ Phone# _____

City _____ State _____ Zip _____

Signature (if under 18 parent or guardian) _____

I waive & release all rights & claims for damages I might have against the Village of Altamont, Town of Guilderland, Guilderland Central Schools, Albany County, USA Track & Field, and all officials of the event. I am fit to compete in this event.

Checks Payable to White Knight Ent: send to: 35 Whipple Way, Altamont, NY 12009

More info call 518-861-6350 or email holidayclassic@nycap.rr.com