

Onteora Runners Club Grand Prix 2013

Standings After Ten Races

The Onteora Runners Club Grand Prix has concluded with the After the Leaves trail run and the Reindeer Ramble. Congratulations to Terry McCann for repeating as men's champion and congratulations to Sheryl Wheeler for unseating Jacque Schiffer as women's champion. Both were decided in the last two races. Congratulations also to our age group winners and our seven survivors. Sheryl Wheeler, Jacque Schiffer, Lisa Glick, Elaine Grega, Ryan McCann, Chris Gallo and Steve Sansola ran all ten Grand Prix races this year.

Runners' scores are based on their best eight Grand Prix races. If a runner finishes nine or ten Grand Prix races, the lowest score or two is dropped. Five races are needed to qualify for an award. Runners who have qualified are listed in **bold type**. For questions, corrections or comments, please contact Steven Cangemi, the Grand Prix Guru, at scangemi@hvc.rr.com or 845-758-6462.

Female Overall

| Runner | Races | Total |
|---------------------|--------------|--------------|
| Sheryl Wheeler | 10 | 78 |
| Jacqueline Schiffer | 10 | 75 |
| Rachel Schabot | 7 | 52 |
| Kellie Cooper | 8 | 46 |
| Ashley Jo Hillard | 8 | 39 |
| Deb Domack | 8 | 34 |
| Margaux Seche | 7 | 31 |
| Lisa Glick | 10 | 26 |
| Karen Spinozzi | 9 | 23 |
| Angela Hillard | 7 | 23 |
| Theresa Baker | 7 | 22 |
| Colleen Foster | 9 | 19 |
| Pam Gottstine | 5 | 17 |

39 runners with 16 points or less.

Male Overall

| Runner | Races | Total |
|--------------------|--------------|--------------|
| Terry McCann | 8 | 80 |
| Ryan Mccann | 10 | 71 |
| Zury Oates | 8 | 59 |
| Christopher Gallo | 10 | 48 |
| Scott Costley | 7 | 45 |
| Steve Schindler | 9 | 36 |
| David Seche | 9 | 28 |
| Spencer Schindler | 5 | 24 |
| Steve Schallenkamp | 4 | 24 |
| Jamie Reichler | 9 | 21 |

Patrick Lopiano **6** **18**
57 runners with 16 points or less.

| Female < 20 | Races | Points |
|-----------------------|--------------|---------------|
| Ashley Jo Hillard | 8 | 78 |
| Margaux Seche | 7 | 65 |
| Joan Karron | 6 | 48 |
| Abby Foster | 2 | 14 |
| Grace Foster | 2 | 12 |
| Sheena Dwyer-McNulty | 1 | 9 |
| Abby Mitchell | 1 | 8 |
| Claire Taylor | 1 | 7 |

Female 20 - 29 **Races** **Points**

| Female 30 - 39 | Races | Points |
|-----------------------|--------------|---------------|
| Kellie Cooper | 8 | 77 |
| Angela Hillard | 7 | 59 |
| Laura Burt | 3 | 26 |
| Sharlene Martin | 2 | 20 |
| Cindy Chambers | 2 | 17 |
| Kellie Tyler | 2 | 16 |
| Amy McCann | 1 | 9 |
| Meredith Nocilla | 1 | 9 |
| Valerie Ellsworth | 1 | 8 |

Female 40 - 49 **Races** **Points**

| | | |
|---------------------|----|----|
| Jacqueline Schiffer | 10 | 80 |
| Deb Domack | 8 | 63 |
| Rachel Schabot | 7 | 63 |
| Colleen Foster | 9 | 55 |
| Theresa Baker | 7 | 51 |
| Lisa jerkowski | 4 | 23 |
| Mary Roosa | 3 | 17 |
| Judy Furyck | 2 | 10 |
| Jenny Carpenter | 1 | 8 |
| Sally Dwyer-McNulty | 1 | 8 |
| Isobel Usawicz | 1 | 5 |
| Kathy Schaffrick | 1 | 4 |

Female 50 - 59 **Races** **Points**

| | | |
|------------------|----|----|
| Sheryl Wheeler | 10 | 80 |
| Lisa Glick | 10 | 68 |
| Marlene Tuma | 7 | 49 |
| Pam Gottstine | 5 | 40 |
| Carol Schindler | 4 | 24 |
| Betsey Masee | 4 | 23 |
| connie grace | 1 | 10 |
| Tracy Little | 1 | 9 |
| Kimberlee Scott | 1 | 8 |
| Linda Schrader | 1 | 8 |
| Jane Struzzieri | 1 | 7 |
| Jennifer Borrero | 1 | 7 |
| Diana Karron | 1 | 6 |
| Elizabeth Levine | 1 | 6 |

| | | |
|---------------|---|---|
| Marla Brucker | 1 | 5 |
|---------------|---|---|

| <u>Female 60 - 69</u> | <u>Races</u> | <u>Points</u> |
|-----------------------|--------------|---------------|
| Karen Spinozzi | 9 | 80 |
| Elaine Grega | 10 | 73 |
| Bonnie Maroney | 3 | 24 |
| Jackie Olivet | 1 | 8 |

| <u>Female 70+</u> | <u>Races</u> | <u>Points</u> |
|--------------------|--------------|---------------|
| Kathleen Balthazar | 7 | 69 |
| Patty Lee Parmalee | 1 | 10 |
| Gloria Lipton | 1 | 9 |

| <u>Male < 20</u> | <u>Races</u> | <u>Points</u> |
|---------------------|--------------|---------------|
| Spencer Schindler | 5 | 49 |
| Cody Hillard | 6 | 47 |
| Brendan Baird | 2 | 19 |
| Jacob Foster | 2 | 19 |
| Edward Karron | 2 | 14 |
| Keith Baird | 1 | 10 |
| Zachary Lozensky | 1 | 9 |
| Jeffrey Baird | 1 | 8 |
| Luke Taylor | 1 | 8 |
| Darren Baird | 1 | 7 |

| <u>Male 20 - 29</u> | <u>Races</u> | <u>Points</u> |
|---------------------|--------------|---------------|
| Zury Oates | 8 | 80 |
| Reilly Hayes | 3 | 28 |
| Robert Leghorn | 1 | 9 |

| <u>Male 30 - 39</u> | <u>Races</u> | <u>Points</u> |
|---------------------|--------------|---------------|
| Terry McCann | 8 | 80 |
| Ryan McCann | 10 | 74 |
| Christopher Gallo | 10 | 66 |
| Bruce Ellsworth | 3 | 20 |
| Carlos Perez | 1 | 8 |
| Matthew Martin | 1 | 8 |
| Justin Goldman | 1 | 5 |

| <u>Male 40 - 49</u> | <u>Races</u> | <u>Points</u> |
|---------------------|--------------|---------------|
| Jamie Reichler | 9 | 71 |
| Scott Costley | 7 | 69 |
| John Hillard | 6 | 41 |
| Donald Baker | 5 | 39 |
| Tim Gottstine | 5 | 37 |
| Stan Sagner | 2 | 19 |
| Charles Lozensky | 2 | 18 |
| Tony Fletcher | 2 | 15 |
| Mike Halstead | 1 | 10 |
| Mike Schabot | 1 | 8 |
| Drew Hopkins | 1 | 7 |
| Jason Taylor | 1 | 7 |
| Joe Jerkawski | 1 | 6 |

| <u>Male 50 - 59</u> | <u>Races</u> | <u>Points</u> |
|---------------------|--------------|---------------|
|---------------------|--------------|---------------|

| | | |
|----------------------|----|----|
| Steve Schindler | 9 | 75 |
| David Seche | 9 | 67 |
| Rich Van Kleeck | 9 | 53 |
| Steve Sansola | 10 | 52 |
| Steve Schallenkamp | 4 | 38 |
| Terry Newman | 5 | 35 |
| Daniel Marks | 7 | 34 |
| Steven Cangemi | 6 | 28 |
| Joe Johnson | 5 | 19 |
| Paul Dubetsky | 2 | 18 |
| David Hayes | 4 | 16 |
| wayne mcdaniel | 1 | 10 |
| Chester Tumidajewicz | 1 | 9 |
| Tom Struzzieri | 1 | 8 |
| Barry Price | 3 | 7 |
| Mark Mulpeter | 1 | 7 |
| Steve Masee | 1 | 5 |
| Jim Porter | 1 | 4 |
| Jim McNulty | 1 | 4 |
| Dan Wheeler | 1 | 2 |

| <u>Male 60 - 69</u> | <u>Races</u> | <u>Points</u> |
|---------------------|--------------|---------------|
| Bob Ricketson | 8 | 64 |
| Patrick Lopiano | 6 | 60 |
| Alan Schultz | 4 | 31 |
| Charlie Silverberg | 3 | 25 |
| Bill Harper | 2 | 17 |
| Mike Roccio | 2 | 17 |
| Chris Myers | 1 | 10 |
| Dave Boles | 1 | 9 |
| Ed Willett | 1 | 9 |
| Fran Palmieri | 1 | 9 |
| Phil Carducci | 1 | 7 |

| <u>Male 70+</u> | <u>Races</u> | <u>Points</u> |
|-----------------|--------------|---------------|
| Everett White | 8 | 72 |
| Roger Kopp | 6 | 57 |
| Dick Greene | 6 | 53 |
| Charles Fox | 1 | 8 |

Schedule

| <u>Date</u> | <u>Race</u> | <u>Location</u> |
|---------------------|---------------------------|-----------------------|
| Sunday, April 7 | HITS 5K | Saugerties |
| Sunday, April 21 | Ray's Run 4 Mi. | Dietz Stadium |
| Saturday, May 11 | Apple Blossom | Red Hook |
| Monday, May 27 | Woodstock 15K | Zena School |
| Friday, June 14 | Bernie Stahl Onteora Mile | Dietz Stadium |
| Saturday, July 20 | Children's Home 4K | Kingston |
| Sunday, September 8 | Barry Hopkins 3.8 Mi. | Olana |
| Sunday, October 6 | Harvest Half Marathon | Red Hook |
| Sunday, November 10 | After the Leaves 20K | Minnewaska State Park |
| Sunday, December 8 | Reindeer Ramble 5K | Kingston YMCA |