



20th Annual

**RABBIT RAMBLE
4 MILE RUN
&
2 MILE WALK**

**Saturday
APRIL 19, 2014
10:00 AM**

**Special 20th Anniversary
Medals & Awards to all
Award Winners**

**ENTRY FEES:
\$18 pre-registration
\$13 pre-reg 70+plus**

**GUILDERLAND HIGH SCHOOL (back lot)
SCHOOL RD (just off Rt. 146 west)
GUILDERLAND CENTER, NY**

\$25 Race Day for all

>Ramble awards to top 3 - Male & Female
>Age groups: (3 MF) 12 & under; 13-16: 17-19;
20-24; 25-29; 30-34; 35-39; 40-44: 45-49;
50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80+
>No Duplications

>T-Shirts - special 20th year t-shirts
first 250 to pre-register
>Door prizes
>Refreshments
USATF Certification #NY07010JG

Don't wait - enter early

*>Proceeds to
benefit area
food pantries &
charities.*

2 Mile Walk Division M&F combined - Top 15

*>Please bring
an UNEXPIRED
dry good item.*

Registration online at:

<http://www.active.com/running/guilderland-center-ny/20th-annual-rabbit-ramble-4-mile-run-and-2-mile-walk-2014>

NEED MORE INFO CALL: (518) 861-6350 or email: RabbitRamble@nycap.rr.com

Make checks payable to: RABBIT RAMBLE

Mail To: 35 Whipple Way, Altamont, NY 12009

Check one:
Run _____ Walk _____
One person per entry form - please

Name _____ Age _____ Sex _____ Email _____

Address _____ Phone# _____

City _____ State _____ Zip _____

I waive and release all rights and claims for damages I might have against
Guilderland Central Schools, the Town of Guilderland, Albany County, USA Track & Field, and all race officials.

Signature _____

(Parent's/Guardian Signature If Under 18)