

31st Annual Reindeer Ramble

5K Holiday Road Race and Competitive Walk

Benefits the YMCA STRONG KIDS SCHOLARSHIP FUND



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Snow or Shine Event!!!

Date: Sunday, 12/7/2014

Time: 1:00PM



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Place: YMCA of Kingston and Ulster County

Pre-Register by Monday, 11/24/2014 and Receive a Long Sleeve Shirt

Registration Cost: \$10.00 Student/\$15.00 Adult (\$1.00 off for Onteora Runner Club)

Race Day Registration: 11:30am - 12:45pm

RACE DAY REGISTRATION DO NOT RECEIVE A SHIRT

Race Day Cost: \$10.00 Student/\$15.00 Adult (\$1.00 off for Onteora Runner Club)

Santa-Pede – Dress up and run in a team tied together like Reindeer

*Minimum 5 Runners/Maximum 7 Runners per team

*All Santa-Pedes must register as individuals

Prizes awarded at the Post Party in the YMCA Main Gym!

Please contact Eleni at ededovich@ymcaulster.org with any questions

Mail entries to: YMCA of Kingston and Ulster County, 507 Broadway, Kingston, NY 12401

Make checks payable to: YMCA

Name _____ Circle One MALE/FEMALE Age _____

Address _____

E-Mail _____ Phone _____

Are you in a Santa-Pede? NO ___ YES ___ Team Name _____

Are you an Onteora Runner's Club member? NO ___ YES ___

In consideration of being allowed to participate in any way in the program, related events and activities, I the undersigned, acknowledge, appreciate, and agree that: I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation. I willingly agree to comply with terms and conditions for participation. If I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately. I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT

Signature _____ Date _____

(Parents Signature if under 18)