



**Race Date: Sunday, May 17, 2015**  
**10K – 10:00am / 5K – 10:00am / 1 Mile – 10:10am**

**A Race to support Troop 8 - Sawkill, NY**

Sponsors:



<b>10K Run</b> 10:00 a.m. Start Time Registration Fees:	\$25 per person for registrations before May 1, 2015 \$35 per person on or after May 1, 2015 * <i>There is an additional small fee to register online.</i>
<b>5K Run / Walk</b> 10:00 a.m. Start Time Registration Fees:	\$20 per person for registrations before May 1, 2015 \$30 per person on or after May 1, 2015 * <i>There is an additional small fee to register online.</i>
<b>Family 1 Mi Fun</b> 10:10 a.m. Start Time Registration Fees:	\$15 per person for registrations before May 1, 2015 \$20 per person on or after May 1, 2015 * <i>There is an additional small fee to register online.</i>

**REGISTRATION INFORMATION:**

**Online Registration:** [Troop8RunToTheHills.org](http://Troop8RunToTheHills.org) **Click on the Registration Button**  
**If registering by mail or in person,** please print, complete & sign a separate registration form for each participant. – Sorry No Refunds.

By Mail: Run To Hills 5K/10K c/o Century Learning 721 Broadway Kingston, NY 12401	In Person: Rip Van Winkle 75 Pine St Kingston, NY 12401
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**COURSE:** All races start and finish at the Sawkill Fire House, water stops on 5K/10K course. See courses on Race website

**AWARDS**

- Male & Female Age group awards (at least three deep) in both the 5K & 10K in the following groups:
  - 9 & under, 10-14, 15–19, 20–29, 30-39, 40-49, 50 -59, 60--69, 70 -79, 80& older
- In the Family 1 Mile Fun Run - All kid finishers ages 10 and under receive a prize.

**SHIRTS REFRESHMENTS AND OTHER INFO:**

- All participants who register by May 1 will receive a t-shirt. *A limited number of shirts will be available for late and race day entries.*
- Refreshments provided after the race.

For more information: Call 845-746-2256 or e-mail [troop8runtothehills@gmail.com](mailto:troop8runtothehills@gmail.com)  
 Visit [Troop8RuntotheHills.org](http://Troop8RuntotheHills.org) for all race details.

**Check in & Race Day Registration:** is at the Town of Kingston Town Hall 7:00am – 9:30am  
 T-shirts are guaranteed to participants who register before May 1, 2015

**Name (Last)** \_\_\_\_\_ **(First)** \_\_\_\_\_ **(please write legibly)**

Male  Female **Age (on day of Race):** \_\_\_\_\_ **Date of Birth (mm/dd/year)**    /    /    **(must have this for results)**

ADULT T-SHIRT SIZES (**Check one**):     S    M    L    XL    XXL    Youth-Small    Youth-Medium    Youth-Large

I am registering for the (**Check one**):     10K RUN     5K RUN/WALK     1 Mile Family Fun Run

Street Address (mailing) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone (H) (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ (C) (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email: \_\_\_\_\_



*I am entering this event with full knowledge that I could easily be hurt or face life-threatening injuries. I state that I have trained and am in proper physical condition and there is no medical reason that I should not participate in this event. I fully assume all risks of injury, illness or death, and release covenant not to sue, and discharge the Troop 8, all volunteers, the Town of Kingston, all actions, claims or demands for damages arising out of my participation in this event. The foregoing release is binding upon me personally, as well upon my heirs, executors, and administrators, and all members of my family, or anyone else who might make claim on my behalf. Furthermore, I hereby grant full permission to use my name and photograph, videotapes, or other record of this event for the Troop 8's and the Run To the Hills' promotional purposes*

Signature \_\_\_\_\_ \* Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
 \*(Parent or guardian must sign for any participants under the age of 18 years.)

Total Enclosed: \$ \_\_\_\_\_ Make checks payable to: **Troop 8**