



Roger's Run 4 AMC Awareness

Saturday, June 20, 2015 – St. Christopher's School
30 Benner Road, Red Hook, N.Y. 12571

- ✓ 1 mile run 8:45 a.m. (Non Competitive)
- ✓ 5K Run 9:00 a.m. (awards for age groups)
- ✓ 5K Walk 9:30 a.m. (Non Competitive)
- ✓ Kids fun run dash – 5 yrs. & under (Free)

Arthrogryposis Multiplex Congenita (AMC) is a condition that occurs once in every 3,000 births. Although those numbers seem common, very few people are aware of the condition which involves curved or hooked joints, limited range of motion and multiple joint contractures throughout the body at birth. Roger is a five -year old little boy from Red Hook, who was born with AMC in January of 2010. His parents rely heavily on information and support found at www.amcsupport.org

Please return to: Roger's Run 4 AMC – P.O. Box 592 Red Hook, NY 12571 (Please make checks payable to Roger's Run 4 AMC)

Name Address:

Gender: Age on Race Day: DOB:

CHECK ONE:

5K Run

5K Walk

1 mile run

Family Entry:

Check here, then fill out additional form for each member)

Team Entry

Name of Team Team Captain

(Note each team member must register individually)

(T-shirt size adult): Small medium large XL

(Youth Sizes): Small medium large XL

Email Address:

5k run/walk pre-registered before June 1, 2015 - \$20. \$25.00 thereafter. 1-mile run \$10.

New this year family rate: \$60 for family up to 4 members, \$10 for each additional member up to 8 before June 1, 2015. After June 2, 2015, \$70.00. Register online at GetMeRegistered.com or our website www.rogersrun4amc.com. T-shirts guaranteed to all pre-registered by June 1, 2015.

In consideration of acceptance of this entry, I hereby for myself, my heirs, executors & administrators, waive and release, any and all claims for damage or injury I may have against RogersRun4AMC, the Race Director(s) and committee, any and all sponsors of the event, and AMCSI (Arthrogryposis Multiplex Congenita Support Incorporated).

I further certify that I am physically fit enough for the event I have registered & I do so on my own free will.. Signature

Parent/Guardian Signature if under 18 years of age

