



The Onteora Runners Club Presents:

*** THE WOODSTOCK RACES ***
15K and 5K * Sunday * May 29, 2016

ORC Grand Prix Race

Time: Registration from 8:00 am until 20 minutes before each race time.
15K starts at 9:00 am 5K starts at 9:45 am

Location: Woodstock Music Lab (Former ZENA ELEMENTARY SCHOOL)
1700 Sawkill Rd, Woodstock, NY.

Info: Courses are scenic and challenging! T- Shirts guaranteed for the first 150 registrants. Age group awards! Post-race refreshments from **Adams Fairacre Farms**

Fees: Pre-Registered **\$20** (postmarked by May 21) and **\$15 ORC members \$25** Race Day Registration all runners.
Checks payable to "Onteora Runners Club"; mail to: Woodstock Races c/o
Cindy Borzumato-Cobb, 165 Mill Dam Rd., Stone Ridge, NY 12484

Questions? Contact 845-249-0152 or e-mail: ccobb@hvc.rr.com

Name _____ Age _____ Male _____ Female _____

Address _____

Race: 5K _____ 15K _____ T- Shirt Size S M L XL (circle one)

In consideration of accepting this entry, I, the undersigned, intending to be legally bound for myself, waive all claims for damages against the race organizers, sponsors, the Towns of Saugerties and Woodstock, for all injuries suffered in this event. I attest that I am fit and medically cleared to participate.

Signature _____
(Parent or guardian signature, if under 18)

SPECIAL REQUEST: Please start early and self- time if you anticipate needing more than 1:45 to complete the 15K. Early Starters please sign out with your start time at the Race Day registration table so we can account for everyone!