

Kingston High School XC Twilight Mile

WHERE: Dietz Stadium Track, Kingston, NY

WHEN: Thursday, August 3, 2017 (Day after the final Summer Series Race)

Rain Date: Friday, August 4, 2017

Presented by the Kingston High School Girls Cross Country Team

Registration begins at 6:15 p.m.

Children's race begins at 7:15 p.m.

- 55 meters on the track

One mile heats begin immediately after the children's race (Approx. 7:30 p.m.)

- Fastest Heats First

For more information contact: Joe Cahill 845-901-9261 or email jmcrun2000@gmail.com

Fees: 18+ - \$10, under 18- \$5, Kids Race - Free

MAKE CHECKS PAYABLE TO: **KINGSTON HS GIRLS CROSS COUNTRY**

Mail to: Joe Cahill, 752 Neighborhood Rd, Lake Katrine, NY 12449

Name _____

Address _____

City _____

Phone _____ DOB _____ Age Race Day _____ Sex _____

WAIVER: I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my safety to complete the run. I assume all risks associated with running this event. Having read this waiver, I waive and release the Kingston High School Girls Cross Country, its officers, directors and agents, the Road Runners Club of America, its officers, directors, agents and employees, and the Kingston Consolidated School District, the City of Kingston, and the Dietz Stadium Commission from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

NO REFUNDS, EXCHANGES OR TRANSFERS.

Runner's Signature _____

(Parent or Guardian if under 18) _____