



The 8th Annual **PHOENICIA TURKEY TROT**

2.4 mile fun run, ramble, trot, walk or wobble to benefit the **Phoenicia UMC Food Pantry** .

Saturday November 24th at 10:00 am rain or shine. Free Tot Trot for children 5 and under at 9:30 am. Registration and check in from 8:00-9:45 am at the Parish Hall, Phoenicia, N.Y.

****Free Turkey Trot Tee shirts to first 100 registered.** For more information, contact: Heather 688-7064 / hrobertspt@gmail.com or Patti Rudge at 254-4126 / rudgepatricia@gmail.com



Last Name: _____ First Name _____

Email: _____ Phone number: _____ Age: _____

Emergency contact name and number _____

Pre-registration: \$10.00 individual, \$20.00 family. Race day registration: \$15.00 individual, \$25.00 family (Please fill out registration form for each family/ team member.) Amount enclosed \$ _____ Checks payable to **Phoenicia UMC Food Pantry** . Mail to **Heather Roberts 318 Fox Hollow Rd Shandaken NY 12480.**

You may also register at runreg.com

In consideration of accepting this entry, I the undersigned, intending to be legally bound for myself and my heirs waive and release any and all rights and claims for damages I may have against Patti Rudge and Heather Roberts, the St Francis de Sales Parish Hall and the town of Shandaken or the Phoenicia UMC Food Pantry for any and all injuries suffered by me in this event. I attest and verify that I am physically fit and have trained sufficiently for this event and a licensed medical doctor has verified my physical condition. Participant / Parent or Guardian signature (18 and under)

NO DOGS, Thank you !