



Hi Everyone,

Welcome to the 5th Annual Blue Mountain Turkey Trot 5k walk, waddle, strut, run, sprint ...whatever you do best, just a friendly gathering to shake our tail feathers to start the day off!!

WHEN: Thursday, November 26, 2015

GATHERING TIME: 8:15 - 8:45AM

5K STARTING: 9:00AM

WHERE: Grant D Morse School, Saugerties, NY

COURSE: I'd like to share a Google Maps link with you. Link:
https://www.google.com/maps/d/edit?mid=zmEQ_0BKMTuQ.kuzxomJdQdeU

WHAT TO BRING: non-perishable food item(s) to be donated to the Saugerties Food pantry. (Items can be dropped off between 8:15 AM and 10:00 AM even if you're not available to run) The needs for the pantry are toiletries of all sorts, coffee (1 lb containers), dog food, people food and dollar donations greatly appreciated.

LONG SLEEVE T's: Long Sleeve Technical T-shirts available for those who pre-order by 11/17 @ \$15.00 each.

Contact me- phone: (845) 246-0008
Cell: (845) 399-8514
Email: TSueWho@hvc.rr.com

Looking forward to hearing from you & Seeing you there! Theresa Baker

****Each Participant please sign and bring the attached waiver the morning of the event****

5th Annual Blue Mountain Turkey Trot

Waiver and Release

I understand that walking and running is a potential hazardous activity. I verify that I am medically fit and capable of participation in the Blue Mountain Turkey Trot. I, intending to be legally bound for myself, heirs, next of kin, and personal representatives, do hereby release any and all organizers, sponsors, and others involved with this event and their representatives, successors and assigns, from any and all liability arising from illness or injuries I may suffer as a result of my participation in this event. Further, I grant full permission to any and all of the foregoing to use photography, videotapes, motion pictures and recordings of me, my team and/or any others record of this event for legitimate purpose. I hereby agree to release, discharge, waive, hold harmless, and to indemnify the Town of Saugerties, the Saugerties School District and their representative officers, directors of employees, volunteers, sponsors, advertisers, participants, agents, and representatives from any suits and proceedings, regardless of the cause. **I understand and agree to this waiver and release.**

Signature: _____ **Date:** ___/___/___

If Under the Age of 18 – Parent or Guardian Signature Needed

Parent/Guardian: _____ Date: ___/___/___

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