Run the Pace
Cross-Country Trail Run
Sunday May 8, 2016

Run or walk a 6-8 mile cross-country course on the beautiful woodland trails and fields on privately held land. (Optional 5K)
Locust Hill Farm- 109 Melville Rd -Hyde Park, NY (Pre-enter at this address.)
Sunday May 8, 2015   9:00am start   Registration starts at 8:15am

Locust Hill Farm will hold its annual Spring Hunter Pace on Saturday. (A hunter pace is a marked course with jumps for teams of horses and riders to complete in an optimum time.) Last year we opened the course to human runners on Sunday. The trails are for horses so expect rough patches and a couple deep mud spots. (You can pick your way around, but not run straight through it if you want to stay dry.) The course will be VERY WELL MARKED as it is intended for mounted riders.

This year we would like to run this race to support "Every Mother Counts"

World wide new mothers needlessly die from the lack of the most basic health care. Every Mother Counts helps provide community health services, emergency care, prenatal, postpartum, and pediatric care, birth services and breastfeeding support, in addition to education and environmental programs. Please visit http://www.everymothercounts.org

Entry fee is optional. Please consider a $15-$20 donation.
Checks should be made out to "Every Mother Counts"
INFO: Tracy Little   845-334-8131   LocustHF@aol.com
           fB: Locust Hill Farm Hyde Park, NY
           Please RSVP if you plan on attending.

DIRECTIONS: http://www.LocustHillFarmLLC.com

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I hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against Run the Pace, Locust Hill Farm, Susan & Jeff Lynn, and any sponsors, coordinating groups, and any individuals associated with the event. I attest that I am physically fit to compete in this event. Further, I hereby grant full permission to any and all of the foregoing to use my photographs, recordings, or any other record of this event for legitimate purpose.

Print Name_____Email_____

Address_____Age ____ Gender_____

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Signature (Parent signature if under 18)   Date