

**Helderberg 5K for Women
 Voorheesville High School
 Voorheesville, NY
 Sunday, July 17, 2016**

Overall

| Pl | Comp# | Name | Age | City/State | Time |
|----------|-------------|-------------------------|-----------|-----------------------|------------------|
| 1 | 2534 | Campbell, Autumn | 34 | Washington, DC | 21:46 |
| 2 | 2576 | Mattfeld, Sarah | 13 | Voorheesville, NY | 21:52 |
| 3 | 2548 | LeRuzic, Aleesha | 18 | Schoharie, NY | 22:37 |
| 4 | 2559 | Rohan, Meaghan | 16 | East Durham, NY | 23:23 |
| 5 | 2555 | Olmstead, Kristin | 44 | Hudson Falls, NY | 23:39 |
| 6 | 2537 | Eddy, Ali | 20 | Alcove, NY | 23:49 |
| 7 | 2538 | Eddy, Julia | 18 | Alcove, NY | 23:49 |
| 8 | 2563 | Stevens, Nancy | 56 | Latham, NY | 24:49 |
| 9 | 2550 | Mangette, Karlie | 24 | Guilderland, NY | 24:52 |
| 10 | 2573 | Zielinski, Kristin | 36 | Altamont, NY | 25:09 |
| 11 | 2554 | Nelson, Ashleigh | 25 | Troy, NY | 25:20 |
| 12 | 2557 | Richardson, Joanne | 55 | Poestenkill, NY | 25:46 |
| 13 | 2558 | Richardson, Kate | 26 | Poestenkill, NY | 26:34 |
| 14 | 2540 | Grimm, Rachel | 41 | Albany, NY | 27:43 |
| 15 | 2572 | Wright, Amy | 38 | Berne, NY | 28:23 |
| 16 | 2556 | Orr, Jacqueline | 54 | Loudonville, NY | 28:41 |
| 17 | 2565 | Styer, Anna | 10 | Rensselaerville, NY | 29:33 |
| 18 | 2566 | Styer, Linda | 41 | Rensselaerville, NY | 29:34 |
| 19 | 2544 | Kingston, Joanne | 50 | Feura Bush, NY | 29:56 |
| 20 | 2543 | Hoerz, Lisa | 29 | Schenectady, NY | 30:05 |
| 21 | 2552 | McIntyre, Beth | 50 | Latham, NY | 30:26 |
| 22 | 2575 | Milstein, Susan | 60 | Menands, NY | 31:28 |
| 23 | 2560 | Scalere, Dana | 36 | Slingerlands, NY | 31:53 |
| 24 | 2545 | Klim, Susan | 61 | Altamont, NY | 32:45 |
| 25 | 2546 | Lamb, Edesse | 25 | Troy, NY | 33:26 |
| 26 | 2535 | Connors, Amanda | 30 | Voorheesville, NY | 34:32 |
| 27 | 2567 | Tibbetts, Sarah | 41 | East Greenbush, NY | 35:29 |
| 28 | 2542 | Henson, Kathryn | 57 | East Greenbush, NY | 35:36 |
| 29 | 2549 | Lindell, Nicole | 30 | East Greenbush, NY | 36:04 |
| 30 | 2551 | Mannix, Kathleen | 52 | Delmar, NY | 36:51 |
| 31 | 2578 | June, Audry | 49 | Coeymans, NY | 38:06 |
| 32 | 2577 | Coryell, Barbara | 49 | Ravena, NY | 39:24 |
| 33 | 2541 | Gundlach, Eileen | 79 | Howes Cave, NY | 41:59 |
| 34 | 2536 | Connors, Elizabeth | 50 | Voorheesville, NY | 43:36 |
| 35 | 2533 | Berbrick, Jacqueline | 43 | Albany, NY | 43:56 |
| 36 | 2539 | Epting, Jamie | 37 | Voorheesville, NY | 44:53 |
| 37 | 2564 | Strang, Nancy | 51 | Niskayuna, NY | 45:31 |
| 38 | 2570 | Wilder, Randi | 34 | Hudson Falls, NY | 46:03 |
| 39 | 2568 | Torgersen, Jennifer | 40 | Albany, NY | 46:03 |
| 40 | 2574 | Adams, Pat | 64 | Delmar, NY | 55:58 1st walker |

Age Groups

| Name | Age | City/State | Time |
|------------------------|-----|-------------------|-------|
| Overall Results | | | |
| 1 Campbell, Autumn | 34 | Washington, DC | 21:46 |
| 2 Mattfeld, Sarah | 13 | Voorheesville, NY | 21:52 |
| 3 LeRuzic, Aleesha | 18 | Schoharie, NY | 22:37 |
| 4 Rohan, Meaghan | 16 | East Durham, NY | 23:23 |
| 5 Olmstead, Kristin | 44 | Hudson Falls, NY | 23:39 |

| | | |
|------------------------|------------------------|------------------|
| 1-12 Results | | |
| 1 Styer, Anna | 10 Rensselaerville, NY | 29:33 |
| 17-19 Results | | |
| 1 Eddy, Julia | 18 Alcove, NY | 23:49 |
| 20-24 Results | | |
| 1 Eddy, Ali | 20 Alcove, NY | 23:49 |
| 2 Mangette, Karlie | 24 Guilderland, NY | 24:52 |
| 25-29 Results | | |
| 1 Nelson, Ashleigh | 25 Troy, NY | 25:20 |
| 2 Richardson, Kate | 26 Poestenkill, NY | 26:34 |
| 3 Hoerz, Lisa | 29 Schenectady, NY | 30:05 |
| 4 Lamb, Edesse | 25 Troy, NY | 33:26 |
| 30-34 Results | | |
| 1 Connors, Amanda | 30 Voorheesville, NY | 34:32 |
| 2 Lindell, Nicole | 30 East Greenbush, NY | 36:04 |
| 3 Wilder, Randi | 34 Hudson Falls, NY | 46:03 |
| 35-39 Results | | |
| 1 Zielinski, Kristin | 36 Altamont, NY | 25:09 |
| 2 Wright, Amy | 38 Berne, NY | 28:23 |
| 3 Scalere, Dana | 36 Slingerlands, NY | 31:53 |
| 4 Epting, Jamie | 37 Voorheesville, NY | 44:53 |
| 40-44 Results | | |
| 1 Grimm, Rachel | 41 Albany, NY | 27:43 |
| 2 Styer, Linda | 41 Rensselaerville, NY | 29:34 |
| 3 Tibbetts, Sarah | 41 East Greenbush, NY | 35:29 |
| 4 Berbrick, Jacqueline | 43 Albany, NY | 43:56 |
| 5 Torgersen, Jennifer | 40 Albany, NY | 46:03 |
| 45-49 Results | | |
| 1 June, Audrey | 49 Coeymans, NY | 38:06 |
| 2 Coryell, Barbara | 49 Ravena, NY | 39:24 |
| 50-54 Results | | |
| 1 Orr, Jacqueline | 54 Loudonville, NY | 28:41 |
| 2 Kingston, Joanne | 50 Feura Bush, NY | 29:56 |
| 3 McIntyre, Beth | 50 Latham, NY | 30:26 |
| 4 Mannix, Kathleen | 52 Delmar, NY | 36:51 |
| 5 Connors, Elizabeth | 50 Voorheesville, NY | 43:36 |
| 6 Strang, Nancy | 51 Niskayuna, NY | 45:31 |
| 55-59 Results | | |
| 1 Stevens, Nancy | 56 Latham, NY | 24:49 |
| 2 Richardson, Joanne | 55 Poestenkill, NY | 25:46 |
| 3 Henson, Kathryn | 57 East Greenbush, NY | 35:36 |
| 60-64 Results | | |
| 1 Milstein, Susan | 60 Menands, NY | 31:28 |
| 2 Klim, Susan | 61 Altamont, NY | 32:45 |
| 3 Adams, Pat | 64 Delmar, NY | 55:58 1st walker |
| 75-79 Results | | |
| 1 Gundlach, Eileen | 79 Howes Cave, NY | 41:59 |